

steak with balsamic mushrooms

Ingredients

4 x lean beef sirloin steaks

2 tablespoons olive oil

300g Mercer button mushrooms, sliced

2 garlic cloves, finely chopped

1 tablespoon thyme leaves, finely chopped

2 teaspoons balsamic vinegar

potatoes, baby spinach and crusty bread, to serve

Preparation method

- 1. Lightly rub both sides of steaks with oil. Season with salt and pepper. Get your barbecue nice and hot. Or heat a non-stick frying pan over high heat until hot and lightly spray frying pan with oil. Cook steaks for 2-3 minutes each side or until cooked to your liking. Remove to a plate. Cover with foil to keep warm.
- 2. Add oil to hot frying pan. Add mushrooms, garlic and thyme. Cook for 3 minutes or until mushrooms are tender. Add vinegar. Toss to combine. Season with salt and pepper.
- 3. Place steaks onto serving plates. Spoon over mushroom mixture. Serve with baby spinach, your choice of potatoes and bread.

Serves 4